

*Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful
beyond measure.*

*It is our light, not our darkness,
that frightens us.*

*We ask ourselves, who am I to be brilliant,
gorgeous, talented and fabulous?*

Actually, who are you not to be?

You are a child of God.

Your playing small doesn't serve the world.

*There is nothing enlightened about shrinking
so that other people will not feel insecure
around you.*

We are all meant to shine, as children do.

*We were born to make manifest
the glory of God that is within us.*

It is not just some of us. It is in everyone.

And as we let our own light shine,

*We unconsciously give other people permission
to do the same.*

As we are liberated from our own fear,

our presence automatically liberates others.

--Marianne Williamson

A Return To Love (1992)